



**METROPOLITAN CANTEENS  
WILLIAM RUTHVEN SECONDARY COLLEGE  
CANTEEN MENU FEBRUARY 2017**



**SANDWICHES**

Chicken, Lettuce & Mayo	\$4.50
Chicken & Avocado	\$4.50
Ham, Cheese & Tomato	\$4.50
Tuna, Onion & vinegar	\$4.50
Ham & Salad	\$4.50
Salad	\$4.00
Egg & Lettuce	\$4.00

Other Assorted Varieties Available

\* Rolls add 50c

\* Wraps add \$1.00

<b>SALAD PLATES</b>	<b>\$6.50</b>
---------------------	---------------

**FOCACCIAS**

Cheese & Gourmet Salad	\$5.50
Ham & Gourmet Salad	\$6.00
Chicken & Gourmet Salad	\$6.00

**Drinks**

Water	\$2.50
Flavoured Milk - 600ml	\$4.00
Soft Drink Bottle -large	\$4.00
Soft Drink Bottle -small	\$3.00
Soft Drink Can	\$2.50
Gatorade	\$4.00
Iced Tea	\$4.00
Fruit Juice	\$3.30
Juice Box	\$1.70
Flavoured Mineral Water Bottle	\$3.00

**HOT FOOD**

Chicken Parma	\$5.50
Chicken Schnitzel	\$5.50
Chicken Burger	\$5.00
Cheese Burger	\$4.50
Chilli Burger	\$5.00
Egg & Bacon Roll	\$4.50
Home made Hamburger	\$5.50
Souvlaki	\$6.00
Long Sweet Chilli Roll	\$5.00
Honey Mustard Chicken Roll	\$5.00
Sweet Chilli Wrap	\$3.00
Hot Dog	\$4.00
Steamed Dim Sim	\$1.00
Hash Brown	\$1.00
Chicken Nugget	\$0.80
Chilli Chicken Tender	\$1.70
Croissant - ham & cheese	\$3.50
Plain Pie	\$4.00
Flavoured Pie	\$4.20
Spinach & Ricotta Roll	\$4.50
Vegetable Roll	\$4.50
Quiche	\$4.50
Pizza - margarita	\$2.50
Pasta varieties Small	\$3.50
Pasta varieties Large	\$5.00
Garlic Bread	\$2.00
Nachos	\$4.50
Wedges	\$4.00
Fantastic Noodles	\$3.00

Home made Muffins	\$2.00
Various Cakes & Slices	\$3.00

Yoghurts	\$2.50
Fruit Boxes	\$5.00

Assorted Potato Chips	\$2.50
Red Rock Deli Chips	\$2.80

Assorted Icy Poles & Ice Creams